



## **You're invited to the Fall Quarterly Provider Meeting This Friday!**

### **Fall Provider Meeting**

**Friday, October 13th**

**8:30 - 10:00 AM**

**11716 Enterprise Dr., Auburn, CA**

Don't miss our upcoming meeting! A NAMI rep will be presenting a brief on their free Family-to-Family program...

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## **Free Training to Providers!**

### **SAVE THE DATE**



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Save the date! Advanced FYI on trainings in the pipeline.

We will inform you when registration opens for the following scheduled BBS Continuing Education courses:

- Nov. 17th - Law & Ethics for Clinicians (Flyer not yet available)
- Dec. 7th & 8th - Introductory MI, Holiday Inn, Auburn (Flyer not yet available)
- Jan. 16th & 17th - Personality Disorders (Flyer not yet available)

For more information contact Christopher Pawlak at [CPawlak@placer.ca.gov](mailto:CPawlak@placer.ca.gov)

# Placer County's SUS Screening Clinics are FREE



By Cyndy Bigbee, Program Manager Substance Use Services and Outpatient Mental Health Clinic

Placer County Substance Use Services (SUS) continues to focus on increasing access to services in county for its residents. In the past year, the SUS walk-in clinic has increased its days and hours of operation from three times per week to five times per week, at various times and various county locations to offer resources and screening for individuals with substance use issues. The screening clinic remains a FREE, walk-in, first come first-serve model, staffed with clinicians who are trained in the latest screening and evaluation tools.

SUS screening clinics are currently held Monday through Friday in both Auburn and Roseville, providing timely access to screening and treatment recommendations. The schedule can be found on our county website

<http://www.placer.ca.gov/departments/hhs/adult/substance-use-services>

Individuals attending a screening clinic can expect to be screened for a variety of treatment options using a Motivational Interviewing model, allowing the participant to be the expert and guide in their path to recovery.

The SUS clinic implements the American Society of Addiction Medicine (ASAM) risk scoring and evaluation tools to assess for levels of risk across six dimensions. ASAM scores assist in developing the initial treatment recommendations, generating a level of care recommendation and staff assist in linkage to those services.



By Lisa Long, Mental Health Patients' Rights Advocate, Placer County System of Care

## 5150 Holds: "The MythConceptions"

Clients have a lot of bad information about 5150 holds, which sometimes causes them to avoid seeking help in a crisis.

## In the Spotlight

A warm welcome to our newest MH Network Provider:



Craig GIBBS, LCSW

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## County Bank Holidays

County offices closed:

Oct. 9

Nov. 23/24

Dec. 25

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## Other Info

Couldn't make the SUMMER Provider Meeting held on July 14th, but want to keep informed?

Meeting minutes can be found on our website.

**[CHECK OUT THE MINUTES HERE](#)**

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Providing clients with accurate information can help them to make good decisions about their care needs.

Myth #1: "5150" is a diagnosis for crazy.

Truth: Section 5150 of the California Welfare and Institutions Code describes the process under which a person can legally be involuntarily detained for a maximum of 72 hours, so that a Psychiatrist can evaluate their symptoms to decide if inpatient treatment is the least restrictive appropriate level of care. That's all a 5150 is: a request for evaluation. It is not a diagnosis of anything.

Myth #2: If you are put on a 5150 hold, you will be released in 72 hours.

Truth: In Placer County, an average of 65% of people who are put on a hold are released before the 72 hour time has passed. The other 35% are transferred to an LPS hospital for inpatient treatment.

Myth #3: Having a 5150 on your record can make it hard to get a job or get into college.

Truth: A 5150 hold is Private Healthcare Information, and is protected under HIPAA. Most potential employers or educators will not have access to that record. Jobs that require a person to carry a gun may be an exception. A 5150 record may be subpoenaed by a judge for evidence in a court proceeding. Otherwise, the record is private.

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## Placer County's Mental Health Walk-in Screening Clinic is Open for Business



*By Cyndy Bigbee, Program Manager Substance Use Services and Outpatient Mental Health Clinic*

Placer County Adult Mental Health clinic continues to focus on increasing access to services and has made a significant process change to assist in this goal. As of July 11th, 2017 Placer County Adult System of Care instituted a walk-in screening clinic for those seeking specialty mental health services.

Individuals coming to the clinic start with a brief screening to see if they likely meet criteria for specialty mental health services. Those who appear to meet initial criteria then proceed immediately to an assessment and treatment planning and in most cases leave with a scheduled appointment with the psychiatrist. Those who are screened to mild or moderate level of care are assisted in connecting to services through their managed care plans. All Medi-Cal beneficiaries are offered a full assessment if they desire one. While all residents are welcomed at the Walk-in clinic, Medi-Cal beneficiaries with mild to moderate mental health concerns can access care directly through their Managed Care Plans or Primary Care doctors.

ASOC Mental Health Screening clinics are held twice a week at the Cirby Hills clinic. Screening clinics are designed to increase access to care for qualified individuals. ASOC services are generally reserved for Placer County Medi-Cal beneficiaries, as well as Placer County residents with no insurance; however, other insurance types may be considered on a case by case basis.

To attend a walk-in screening clinic, or obtain additional information, clients can either contact Adult Intake at 916-787-8860 (Toll free 1-888-886-5401) or simply come to Cirby Hills during screening hours.



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